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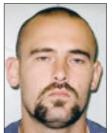
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21-year minimum terms for wicked pair after victim beaten and kicked to death











JAILED: Chas Quy and Elvis Kwiatkowski receive life sentences for the murder while Scott Hunt gets five years, Alan Quinn three, and Bradley

10 body parts of Neill

Buchel

dumped in White

By Michael Cox

waltham@vellowad.co.uk

TWO men have been jailed for life after murdering a father of two from Dagenham, whose dismembered

body was discovered in a lake.

Neill Buchel, 39, was killed in a brutal attack on the night of Thursday, March 13 last year before his body was cut up into several parts and dumped into White Hart Lakes at Eastbrookend Country Park in Dagenham.

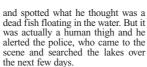
Chas Quye, 36, of Stansgate Road, Dagenham and Elvis Kwiatkowski, 36, of Clopton Close, Royston, were given life sentences at the Old Bailey on April 15 2015, with both recommended to serve a minimum of 21 years in prison for murder and conspiracy to pervert the course of jus-

At the same court, three other men were also handed jail terms for plotting to cover up the crime. Scott Hunt, 42, of Braintree Road, Dagenham, was jailed for five years for conspiracy to pervert the course of justice and Alan Quinn, 28, of Lynette Road, Dagenham, was given three years imprisonment for the same charge. Bradley Andison, 47, of Villa Road, Rochester, was also sentenced to four years imprisonment for perverting the course of justice, having pleaded guilty on December 2, 2014.

Quye, Kwiatkowski, Hunt and Quinn were all convicted at Blackfriars Crown Court on March 27. Hunt was acquitted of murdering Buchel, while 61 year-old Colin Bushaway, of Gregory Crescent, Eltham, was found not guilty of perverting the course of justice.

shocking discovery of Buchel's body parts happened on Tuesday April 1 2014 when a fisherman was walking around the lakes

CHE



Nine other body parts were found, including Buchel's torso which had been wrapped in a duvet cover and a curtain as well as being weighed

down with stones.

The fatal attack on Buchel occurred after he had last been seen alive with a group including Quye, Kwiatkowski and Hunt at Quye's flat. While there Buchel was killed in a brutal assault, suffering multiple injuries including numerous fractured bones, internal bleeding. defensive injuries to his hands and bruising, which all suggested that he had been beaten, kicked and stamped upon.

Quinn was present during the attack but did not prevent his friends

'Murdered at the hands of people he trusted and believed were his friends'

from committing it. He left the flat on the following day as if nothing had happened.

The court heard how on March 15 Bushaway was called to Quye's flat and shown Buchel's dead body by Quye and Kwiatkowski, although he did not become involved. He is also said to have been told by Kwiatkowski that the 'package' had become smaller, an inference that the corpse had been dismembered.

Andison, who was Quye's halfbrother, was the one found to have moved the body.

In evidence given to the court, Quye described how he had cut up the dead body but that it had been messier than he had expected and that he had contacted Andison to help him dispose of the body parts.

Investigating officer detective chief inspector Chris Jones, of the Homicide and Major Crime Command, said after the sentencing: "Neill Buchel was murdered at the hands of people he trusted and believed were his friends.

"His death and subsequent treat-ment of his body have left all who knew him completely devastated.

"I would like to pay tribute to Neill's family both in the UK and South Africa.

"Throughout our investigation and the trial process they have demonstrated great dignity, especially during the harrowing evidence from defendant Quye.

"I feel today's sentences properly reflect the callous and evil crimes committed by the guilty parties.'

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visit www letitbelive com

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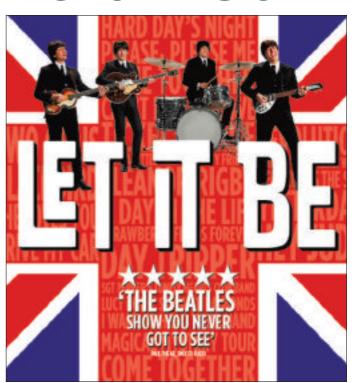
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Lines close on Thursday, April 30. Entries received after the closing date will not be counted but may still be charged.

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NEWS

You've got the whole world in your hands

Boxing champ puts students through their paces

By Michael Cox

waltham@yellowad.co.uk

A BOXING champion from Dagenham has given his expert advice to sports students at a local college.

Kevin Mitchell, who is the current WBC silver lightweight champion, visited Barking and Dagenham College to help the sports studies students learn about boxing.

He showed them how to do

basic footwork, body positioning and techniques whilst also watching the students as they were put through their paces.

One student who was talent-spotted by Kevin was 18 year-old Aiden Morgan from Dagenham.

Aiden said: "It was an honour to have someone of his calibre coming in to teach us. Kevin is a great guy, he gave us some pointers on our training, and overall it was a brilliant experi-

Kevin was invited to visit the college by another student, Karen Boxall, from Dagenham, who hopes to become a personal trainer when she finishes her

Karen said: "It was a real

boost for us all to get some tips from Kevin and it will keep us all motivated to keep learning."

Kevin's next fight is against Venezuelan Jorge Linares for the lightweight world title on May 30. He added: "It was

great to be able to visit Barking & Dagenham College and meet all the stu-dents. They were really interested in finding out about boxing and we were able to go through a few key techniques which will help them in their studies."



PUT 'EM UP: Above, champion Kevin Mitchell, right, with Aiden Morgan and other college students, top

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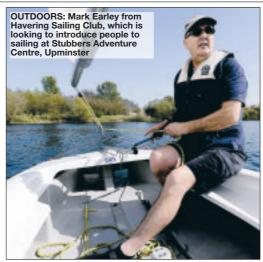
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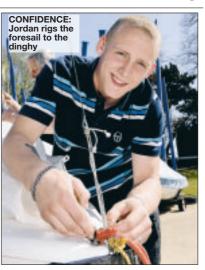
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With existing experienced members on hand there is always someone to offer help and advice at the clubhouse next to Stubbers freshwater lake, off Ockendon Road, Upminster.

There are a variety of dinghies, including an Optimist, Mirror, Pacer and GP14, all of which are available for the use of members and their guests on the inland lake.

Members of the club, which is affiliated with the Royal Yachting Association, also enjoy annual and

other events throughout the year including a marathon involving two hours of continuous sailing over a race course, a regatta, fundraising quiz nights and a countryside ramble.

They also take part in the annual Round the Island Race, around Mersea Island, near Colchester which attracts hundreds of sailors each year in August.

Throughout the sailing season,



which runs from March to November, members sail every Saturday from noon until 5pm, with a safety boat always on station before any boats are launched. Anyone who would like to join the club can find out more by viswww.havering sailingclub.org.uk.



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NEWS



Chip giveaway helps to raise cash for charities

AN AWARD-WINNING fish and chip shop has raised money for two charities following a record chip giveaway.

The Golden Fish, in Becontree Avenue, Dagenham, donated £675 – the profit it made on February 23 when staff handed out free chips to customers.

The money raised will go towards charities in the area, the Osborne Partnership, which provides training and work opportunities to people with learning difficulties and Step Up, which supports families of children who are victims of sexual abuse.

Manager Jason Aiken, 46, said the idea to offer free chips was a way of saying thanks to the community and customers for voting for the shop to win the Potato Council's award for the UK's Best Chippy in February.

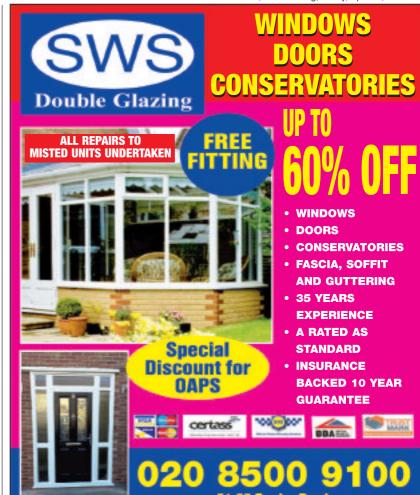
He joked: "We knew we were going to be

Staff served more than 1,350 portions of chips during the day, which Jason revealed was the largest ever daily serving in the shop's 46-year

The Golden Fish was set up by Jason's father and mother-in-law James and Yvonne Plows, who are both still involved in the business.

Jason said the shop has seen an increase in the number of customers since it won the award. He added: "We have seen a few more new faces

and some old customers that have returned back



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We are also looking for players from the age of 8 to 17-years-old, to join our club. We are proud to have produced David Beckham, Harry Kane, Andros Townsend and other players who have also gone on to have successful football careers.

Ridgeway Rovers runs a Soccer School at Goals Chingford, from 9.30am to 11.00am every Saturday morning. If your child enjoys football, or just wants to give it a try, then come along and meet our friendly, fully qualified staff. The first week is free (£3.00 per session thereafter), and kids can just come along whenever they want to. It is a great way to see if your child enjoys playing football, without having to make any expensive commitments. It can also lead to a place in a team, for those children who want to take the next step.

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Saturday, April 25

■ West Essex Ramblers – 11am, outside Shepperton Station for an eight-mile walk including a ferry ride £2, 020 8524 2737.
■ Table Top Sales – St Paul's Community

■ Table Top Sales — St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, free admission, noon-3pm, ost per table from £8, to book: 07453 782726, first come first served.
■ Tennis — small club in Ilford, we play Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.
■ Garden Organically — Come and join our small friendly cooperative at Gale Street Organic Growers, Saturdays and Wednesdays, not just an allotment but a community garden, details 07815 500190.
■ Ante-natal Yoga — Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am-noon, Mon 6.45-8.45pm. Post-natal

10am-noon, Mon 6.45-8.45pm. Post-nata Yoga, Sat 12.05-1.15pm. 020 8923 6452.

Sunday, April 26

■ Ilford & District C.H.A Rambling Club -11am, lay-by half-a-mile along Stock Lane, CM4 90N 0208 9264593

CM4 9QN, 0208 9264593.

Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, new members welcome, aged 8 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).

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Monday, April 27

■ Arts and Crafts – Unity Hall, Bramley Close, (off Oakfield Road), Walthamstow. 020 8527 1454.

Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.

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Music Listening Appreciation Group –
Rectory Library, Rectory Road, Dagenham,
7pm, admission free. 020 8592 8821.

Rehearsals – Redbridge Ladies Choir,
Palmer Catholic Academy, Seven Kings,
7.45-9.15pm, new members welcome.
020 8551 9895.

Rehearsal – The Roding Players
Orchestra Roding Valley High School

■ Hehearsal – The Roding Players
Orchestra, Roding Valley High School,
Alderton Hill, Loughton (opposite
Underground station), 7.15pm, new
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■ Forest Highlanders Pipes and Drums
St Cedd's Church, Seven Kings, 8pm.
■ Bingo – Friday Hill Community
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Hall, Friday Hill, E4, 1.30pm.
Multi-denominational healing - Redbridge
Healing Centre, IRDSA Hall, Craven Gardens,
Barkingside, IG6 1PS (next to car park,
Fullwell Cross roundabout), 7-9pm, no charge,
07971 536581/556490/07821 969405.

■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and at Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, April 28

■ New affinity Friendship & Social Club – 07731 969819. www.newaffinity.org.uk. ■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973. ■ Coffee Shop Septice & Departic

■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath,

■ Coffee Snop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479.
■ Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.
■ Duplicate Bridge – Parkside Community Centre, (corner of Goodmayes Lane and Longbridge Road) Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926. Gilbert and Sullivan, songs from the shows, old time music hall.
■ Come Sing With Us – Pearl Hiller

Concert Choir, Gants Hill, 1.30-3.30pm, call Pearl 020 8554 1240.

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Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you). 020 8599 6638.

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Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years. 020 8594 4602.

Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478.

7.45pm. 01708 555478.
■ Line Dancing – Walthamstow Trades Hall, Intermediate 8-11pm. 07968 036373.
■ Circle Dancing – King Solomon High School, Barkingside, 8-10.30pm, no partners necessary, details 07956 592938.

Square Dancing – American Square Dance Club, Fullwell Cross Library, Barkingside, 8-10.30pm, beginners

welcome.

■ Tea Dance – Woodward Hall, Woodward

Road, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402. Folk Dance – Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, 8-10pm. 020 8559 8505 (eve).

Salsa classes – Latin aboard the Tereza

Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000.

Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, low impact. 020 8508 3346.

■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm,

stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954.
■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.
■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barkingside, 1.30-3pm, adults £1, children free.

Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am-noon. 020 8514 1255.

Wednesday, April 29

■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library. ■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new

members welcome, details Ray Massey 020 8524 4289

■ Friends Club – St Cedd's Church Hall,

Blythewood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.

Live Blues Jam – Coach and Horses, 391

■ Live Bules dari — Coath and Profess, 24 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, all welcome, singers and drummers especially, 8.30-11.30pm. 020 8502 0351. ■ Ilford No. 1 Senior Citizens Club — Royal British Legion, Durban Road, Seven Kings, 12.30-3pm, call Eddie 020 851 5079,

Social Club – Wanstead House, The Green, E11, quizzes, table tennis, card games, debates, talks, scrabble, 8.30-10.30pm. 020 8514 8046.

■ Bingo – Royal British Legion Club, 31 Dunton Road, Leyton, 7.30-10pm.

■ Clairvoyance – Little Ilford Christian

Spiritualist Church, Third Avenue, Manor Park, all welcome, spiritual healing 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, freewill offerings accepted. 020 8514 4030.

■ Keep Fit for over-50s – Debden Park

■ Keep Fit 10'r over-50s – Deb0en Pafix Community Association Hall, Willingale Road, 10.30am. 020 8508 3346. ■ ICT skills training, inc internet and email – Castle Green Community Centr Gale Street, Dagenham, RM9 4UN. To book: 01708 524897.

Thursday, April 30

■ Need a chat and a cuppa with a friendly face? Weekly 'drop in' – a group of friendly people who just want an afternoon of company. St Andrew's Church, Church Road, E17 6AR, 2-4pm. © Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4 inc refreshments, beginners welcome, no partner needed, details Pat 202 0856 3508. ■ Meeting – Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.

Guild, St Alban S Church Hail, Albert Road, Ilford, 2-4pm.

Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.

Barking and Dagenham Friendship Club – Methodist Church, London Road, J

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Rehearsals – Woodford Symphony Orchestra, 020 8504 7783.

Dagenham Camera Club – Wantz Library, Rainham Road North, 8-10pm. 020 8252 2934.

Forest Creative Writers Group - Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm,





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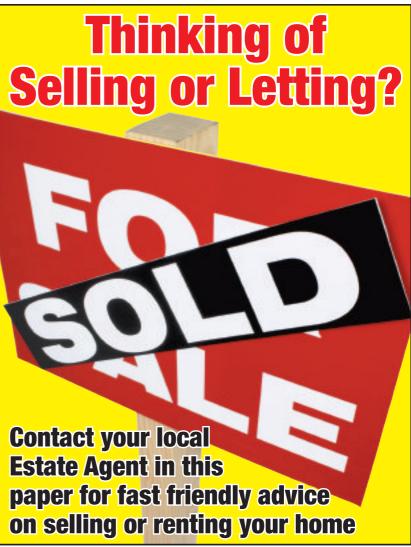
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Motoring News



New Evoque turns on the style

By Mike Torpey

LAND ROVER'S fastest-selling model will be available from £30,200 when revamped variants of the Range Rover Evoque arrive in September.

New design plus technologies that deliver better efficiency, lower running costs and an enhanced ownership experience will be features of the 2016 model range.

Leading the way is a new four-cylinder Ingenium engine delivering up to 68mpg in the eD4 two-wheel drive version.

And the premium brand is offering cus-

tomers greater opportunity to personalise their Evoque with an increased range of standard and optional equipment.

It means customers can select from SE, SE Tech, HSE Dynamic, HSE Dynamic Lux and Autobiography trim grades.

The Evoque's exterior design has been updated with revisions like a new front bumper, two new grille designs, all-LED headlamps, a tailgate spoiler and three new alloy wheel designs.

Inside, there's a new seat design, new

colours and cabin materials aimed at

increasing the car's feeling of luxury.

Land Rover's new infotainment system,
InControlTM Touch, is introduced from the autumn with an eight-inch touchscreen and

more applications and driver aid. In addition, a new Gesture Control feature is

available for the first time on a Land Rover allowing users to open the tailgate hands-free. Prices start at £30,200 for the 150bhp Evoque SE eD4 2WD manual model, rising to £51,800 for the 180bhp TD4

Autobiography with 4WD.

The Range Rover Evoque Coupe starts at £32,200 for the eD4 SE Tech 2WD model.

New features as standard include Lane Departure Warning, Autonomous Emergency Braking, heated eight way adjustable front seats, powerfold door mirrors, automatic beadlepse, raise appairs with the read-length. headlamps, rain sensing wipers and automatic climate control in addition to the current version's spec.

And Land Rover says service intervals for the TD4 engine have been extended from 16,000 miles to 21,000 miles to reduce runnina costs.

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DEBBIE slim employed sin-gle mum with OHAC, loves holidays, travel, nice meals out, WLTM mature male who can make me laugh to enjoy good times together. Tel No: 0906 500 6358 Box No:

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MANDY 18, very pretty, slim/athletic body, enjoys clubbing, drinks out, seeking older male 30plus for uncomplicated adult fun. Status unimportant. Tel No: 0906 500 6358 Box No: 409261

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SUSAN attractive single female looking for really nice guy for cosy nights in and fun nights out. Go on give me a call and let's go out or have a chat. Tel No: 0906 500 6358 Box No: 409411

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SARAH 36, attractive with SARAH 36, attractive with long blonde hair and green eyes, independent, employed with OHAC, WLTM similar articulate, interesting guy in uniform for nights in/out. Tel No: 0906 500 6358 Box No:

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LINDA mature female bored constants of the state of the s 6358 Box No: 409253

36YR old slim blonde female genuine, caring and honest looking for similar descent guy for fun times, hopefully leading to more. Tel No: 0906 500 6358 Box No: 409247

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CITY SLICKER

Hapless Hammers no match for under pressure Pellegrini's men

West Ham United

Manchester City 2 West Ham United 0 Brian Jeeves reporting from the Etihad Stadium

WEST Ham United's wretched Barclays Premier League form showed little sign of letting up as the Hammers crashed meekly to

Manchester City on Sunday.

There was a real sense of disenchantment around the stadium, with neither side in any sort of form and both Manuel Pellegrini and Sam Allardyce under scrutiny.

City's title hopes had all but evaporated following a painfully heavy derby defeat to Manchester United at Old Trafford last week, while Marko Arnautovic's stoppage time equaliser for Stoke City at Upton Park had frustrated the Hammers.

Both clubs sat in the bottom half of the Premier League's current form table, with just three victories between them from the last six.

And the recent tale of woe continued with City unable to call upon the services of Wilfred Bony, Gael Clichy, Stevan Jovetic, Vincent Kompany and James Milner, while the Hammers had to make do without James Tomkins, Andy Carroll and Diafra Sakho

With such a wealth of talent still at their disposal, it was the home side who started the brighter.

Pablo Zabaleta tested the Hammers' resolve probing from the right flank, while Carlton Cole did enough to knock David Silva off his stride as City continued to search for an early opening.

City pressed menacingly. Silva fired over after Zabaleta had seized on some sloppy defending from Aaron Creswell, while Sergio Aguero tested Hammers goalkeeper Adrian with a low drive.

Aleksandar Kolarov was next to try his luck. His dead-ball effort flew just past an upright after Winston Reid was clumsy on Frank Lampard.

But in the 17th minute a calamity for West Ham as City broke the deadlock. Jesus Navas drilled in from the right, and the unlucky James Collins could only look on as his attempted clearance looped over Adrian and just over the line via the underside of the bar.

It was almost 30 minutes in before the Hammers offered a genuine threat. Joe Hart moved quickly to block from Cole, after the front man had latched onto a rare mistake by Zabaleta. Then Cheikhou Kouyate drove low into the keeper's midriff from distance as the visitors started to find their feet.

But as the half drew to a close City doubled their advantage in style.

Aguero latched onto Stewart Downing's misplaced pass and rampaged from deep before exchanging passes with Navas and firing crisply under the advancing Adrian.

And there was no let-up after the break as the City onslaught showed little sign of subsiding. Carl Jenkinson's last-ditch tackle denied Aguero a second after Yaya Toure had found the Argentine with a delightful reverse pass, while Silva's snapshot was scrambled away by Collins.



Despite the introduction of Kevin Nolan and Matt Jarvis, West Ham simply couldn't get going.

Kouyate was lucky not to add to the east Londoners' frustrations, escaping with a yellow card after appearing to throw an elbow into the face of Silva. The City playmaker required lengthy treatment and was eventually stretchered from the field.

Once play resumed, Downing's low strike was blocked by Eliaquim Mangala as the Hammers looked for an unlikely foothold.

Nolan failed to make contact with Enner Valencia's centre with the goal gaping, then Hart produced a double save to deny the same pair. But in truth the game was now little more than a training exercise for the outgoing champions.

Substitute Edin Dzeko passed up a glorious chance to add a third late on after Toure had played him in.

But the outcome was never really in any doubt.

Afterwards Allardyce said: "I think the disappointing thing firstly, is the goals we've gifted to Man City, and secondly, the amount of possession we allowed ourselves to

'The worst thing to do after we've defended pretty well is make individual errors."

He continued: "When you create

two chances as good as Enner Valencia's and Kevin Nolan's then we've got to convert them if we are to get anything out of this game.

"We didn't convert them at that late stage and end up losing." On Kouyate's clash with Silva,

Allardyce stated: "Accidental. It looked pretty innocuous to me. I didn't think it was a foul." City boss Pellegrini said: "It was

very important to try and be a consistent team. I think today, especially the first 65 minutes, we

played a good game."
West Ham United are next in Barclays Premier League action on Saturday when they visit a Queen's Park Rangers side desperately trying to

rangers state desperatory trying to scramble clear of the drop zone.

Manchester City: Joe Hart, Martin Demichelis, Pablo Zabaleta, Aleksandar Kolarov, Eliaquim Mangala, David Silva (Samir Nasn), Yaya Toure (Capt), Fernando Reges, Jesus Navas, Frank Lampard (Fernando Reges, Jesus Navas, Frank Lampard (Fernando Reges).

Reges, Jesus Navas, Frank Lampard (Fernandinho), Sergio Aguero (Edin Dzeko). Subs not used: Willy Caballero, Bacary Sagna, Dedryck Boyata, Jose Pozo. West Ham United: Adrian, Winston Reid, Aaron Cresswell, Cheikhou Kouyate, Stewart Downing, Mark Noble (Capt), Carl Jenkinson, James Collins, Carlton Cole (Kevin Nolan), Alex Song (Matt Jarvis), Enner Valencia. Subs not used: Nene, Joey O'Brien, Morgan Amalifitano, Jussi Jaaskelainen, Reece Burke. Referee: Anthony Taylor Assistants: D Cann and S Child Fourth Official: R Madley Attendance: 45,041

Non-league round-up

Thurrock hit five

By Brian Jeeves

GOAL crazy Thurrock hammered five past Waltham Abbey as the Fleet cemented their place in the Ryman League One North play-

off places at Ship Lane.
Lewis Spence, Leslie Thompson, Charlie Stimson, Ross Wall and Joe Christou were on target as the home side won an entertaining affair 5-2. And they will be joined by Brentwood Town who clinched their place with a 2-2 draw against Chatham Town. Ace marksman Sherwin Stanley with a pair for Town.

Lee Weemes and Aundre Spencer found the net as Barkingside grabbed a 2-0 success over bottom of the table Burnham Ramblers, while Nick Reynolds bagged the winner as Romford won 1-0 at Cheshunt. And it was an away day special for Aveley who took the points with a 2-1 triumph at Wroxham, Sammy Knott and Arian Retkoceri finding the net for the

Great Wakering Rovers slipped to a 3-1 defeat to Brightlingsea Regent at Burroughs Park. John Bradley fired the villagers ahead, but Ben Newson and an Oliver Canfer brace ensured the points headed for north Essex. And there was a thumping for Redbridge who

went down 5-0 at AFC Sudbury. Elsewhere Heybridge Swifts slipped 1-0 at Thamesmead Town, while it was all-square as Maldon & Tiptree and Dereham Town drew 1-1.

In the Ryman Premier Division there was a thriller at New Lodge as Billericay Town and Tonbridge Angels played out a 3-3 draw, and Jack Simmons was Canvey Island' scorer as the Gulls picked up a point at Leiston.

AFC Hornchurch's game with Peacehaven & Telscombe was also a 1-1 stalemate, George Purcell with the Urchins goal, and it was the same outcome as East Thurrock United entertained Enfield Town. Grays Athletic completed a frustrating afternoon for the region's Premier Division clubs, their match

with Hendon ended goalless.

The big news coming out of Braintree Town this week was the resignation of manager Alan Devonshire and his assistant Keith Rowland. Former West Ham United midfielder Devonshire has been at the helm for four years. His departure sparked speculation linking him with several clubs including Colchester United and Southend United.

Academy coach Mark Sansom took charge for the Iron's game at Wrexham, but goals from Louis Moult (2) and Andy Bishop eased the home side to a 3-0 Vanarama Premier Division success.

It was a disappointing day for Conference South outfit Concord Rangers. The Beach Boys went down to a single goal against Hayes & Yeading United at the Aspect Arena.

Christian Smith with the decisive strike early in the first-half.

In the Essex Senior League Haringey Borough overcame Bowers & Pitsea by the odd goal in five to clinch the title. Eton Manor saw off lowly Southend Manor by four goals to two, while it was 1-1 between Hullbridge Sports and Ilford at Lower Road, and the same outcome as Tower Hamlets shared the spoils with Basildon United.

In the ProKit UK Essex Olympian League it was celebration time for Division One outfit White Ensign who won promotion to the Premier Division with a 3-0 win at Hutton. Darren Burrell, Yaw Danso and Jamie Brown were all on target for Ensign. Manager Aaron Bloxham congratulated his players and told Yellow Sport: "We are back where we belong.

Solid second for Havering

Athletics

HAVERING Athletic Club's Under 17 and Under 20 squads opened their season with a good second place finish behind Chelmsford at Ashford on Saturday.

On another wind-affected day, the sprinters had the bonus of a tailwind but the track runners had to battle hard against the breeze.

The Under 20 Men had a great

day with wins in nine individual events and the sprint relay. Lewis Bailey stepped up effortlessly to the U20 ranks with a sprint double, running faster than ever in the 200m, while new find Timi Kuye excelled on his first competitive outing in club colours with a fine 200m B victory, after being edged into second in the 100m.

Tom Pitkin and Alex Law both contributed a pair of wins with Tom smashing his 400m PB to win after setting new marks in his U20 400m hurdles debut, while Alex took the high jump honours after winning his long jump speciality, also adding second in the shot (PB) and third in the javelin.

Michael Duncan added a throw double with wins in the discus and B string shot, as well as runners-up spots in the B 400m and 800m. Timi, Lewis and Alex were joined by Sam Omo-Olofin in the victorious sprint relay quartet while Tom's impressive anchor brought the 4x400m squad into second after sterling work from the middle distance trio of Brad West, Matt Braybrook and Abdul Mohamed. Ed Brinton-Quinn scored well in the throws with second in the B discus in a new PB and third

places in hammer and shot. The Under 20 women also scored well with seven individual wins and a relay success. Georgie Taylor won both discus and shot and was third in the hammer in a new PB, while Heidi Surman-Wells looked strong in winning the 800m in a new PB against faster opposition, after improving her 400m best in third. Tayla Humm also set new personal marks in her 200m victory and was third in the 100m, while Michelle Hughes won the 400m hurdles before claiming the high jump runners-up spot and setting a new javelin PB for second.

The throws B string full points were earned by Rachel Forder (discus) and Alice Martin (javelin). Heidi, Michelle, Alice and Tayla had already won the sprint relay but all the opposing teams were disqualified for faulty changes.

Bella Woods was second in the steeplechase, as was Sarah Wilson in both 1500m A and 800m B, while Lucy Bailey was third in both sprint hurdles and 100m B. Louise Lear was second in the triple jump B and covered gaps in the 200m and 400m well with third places in both. Beth James completed the line-up with third in the triple jump in a new PB.

But there was disappointment for vaulter Mercy Gutteridge who was taken to hospital after landing awkwardly when attempting her opening height and went home on crutches



SPRINT DOUBLE: Lewis Bailey

due to a sprained ankle.

The short-handed Under 17s were affected by the clash with Sunday's EYAL meeting but worked hard to score vital points.

First round winners Chelmsford stage the next fixture on May 16 and look on course to regain their Premier Division place.

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